

Phone

ADULT SERVICES

Deaf Wellness Center: Provides mental health care to individuals who are hard of hearing, deaf and their families.	(585) 273-5050, VP (585) 286-5041
Electroconvulsive Therapy	(585) 275-5517
General Adult Outpatient Services	(585) 273-5050
Lazos Fuertes: Mental health care for Spanish speaking patients.	(585) 273-5050
Partial Hospitalization Program: Short-term daily outpatient program to stabilize acute mental health symptoms.	(585) 276-7620
Strong Ties Clinic/Strong Ties Young Adult: Outpatient services for patients experiencing psychotic illness.	(585) 279-4900

CHILD AND ADOLESCENT SERVICES

Partial Hospitalization Program: An alternative to psychiatric inpatient admissions or re-hospitalization for adolescents 12–18 who do require acute psychiatric treatment.	(585) 273-1776
Pediatric Behavioral Health and Wellness: Outpatient diagnosis and treatment of children and adolescents (ages birth to 18) experiencing a variety of behavioral and emotional difficulties. Psychiatric medication consultation and management. Individual, family and group therapy services.	(585) 279-7800

COLLABORATIVE CARE & WELLNESS

Behavioral Health Partners: Psychotherapy and medication management for eligible UR employees, retirees, and adult dependents enrolled in a University Health Care Plan.	(585) 276-6900
Behavioral Services at Highland Family Medicine: Individual, couple and family therapy services for patients and families across the lifespan, receiving primary care at Highland Family Medicine.	(585) 279-4858
Employee Assistance Program: Free, confidential service for UR employees and their families. Professional counseling and resources for coping with personal and work-related challenges.	(585) 276-9110
Family Therapy Services at Strong Memorial Hospital: Individual, couple and family therapy services.	(585) 275-0320
Healing through Education, Advocacy and Law (HEAL) Collaborative: Bridges medical, legal and social service resources and expertise to improve safety, health and well-being of trauma-involved people, 18 years of age and older.	(585) 275-HEAL (4325)
Perinatal Consultation Clinic	(585) 275-3750
Women's Behavioral Health Service: Provides psychiatric consultation and psychotherapy for patients of UR Medicine Women's Health Practice, Highland Women's Health at Culver and UR Medicine Midwifery Group.	(585) 275-7604

EMERGENCY SERVICES

Comprehensive Psychiatric Emergency Program (CPEP)	(585) 275-4501
Monroe County Mobile Crisis Team	(585) 529-3721 Direct
Behavioral Health & Wellness Crisis Call Center: Speak with an experienced crisis management counselor. He/she can provide information about local services to help with your concerns.	(585) 275-8686

MEDICINE IN PSYCHIATRY SERVICE PRIMARY CARE MEDICAL HOME

(585) 279-4999

OLDER ADULT SERVICES

Memory Care Program	(585) 273-5454
Older Adult Clinic	(585) 279-7849

	Phone
STRONG RECOVERY/ADDICTION PSYCHIATRY	
Stabilization Service: Outpatient opioid medication-assisted treatment induction to stabilize patients and improve mild to moderate withdrawal symptoms.	(585) 275-3161
Opioid Treatment Program (OTP): Outpatient opioid agonist therapy treatment with (methadone or buprenorphine) along with individual, group and family therapy and other support services.	(585) 275-3161
Chemical Dependency (CD): Adult Outpatient substance use disorder treatment including medication assisted treatment, individual, group and family therapy and other support services.	(585) 275-3161
Adolescent/Young Adult (AYA): Adolescent Outpatient substance use disorder treatment including medication assisted treatment, individual, group and family therapy and other support services.	(585) 275-3161