

SafetyTips4Parents/Guardians

Your child's safety is the #1 priority. We do our best to provide your supports to your child throughout the school day. If you or your child are struggling, please notify your child's school counselor.

Preventive strategy:

- Help your child identify *trusted* adults, along with their contact information, that your child can call for help outside of the school day if needed (it is best to offer a few people and at least one non-parental person – grandparent, family friend, aunt or uncle, trusted neighbor, etc.)

In a Crisis:

When you are concerned about your ability to safely respond to your child and/or your child potentially engaging in dangerous behavior such as self-harm, running away, or threats to harm others, please initiate the following steps:

- Ensure supervision at all times
- Make sure to remove any items that may be used a weapon
- Contact resources that may be helpful:
 - **911** (for immediate emergency)
 - 211-Lifeline – 585-275-5151 – for general local resource info
 - UR Crisis Call Line – 585-275-8686
 - UR/Monroe County Mobile Crisis Team – 585-529-3721
 - National Suicide Prevention Lifeline – 800-273-TALK (8255)
 - Crisis Text Line – Text HOME to 741741
 - Boys Town National Hotline (for girls too) – Parenting Support – 800-448-3000

If your child is seen by an emergency/hospital provider, please be sure to share that she/he/they has BOCES 2 service provider(s) and ask about signing a HIPAA release for the hospital to communicate with school staff so we can help provide additional information and plan for a safe return to school.

School-based mental health Provider: _____

Provider email: _____

School telephone number: _____

