

Common Element Child MH Treatment Resources

Use the links below to identify evidence-based tools for child behavioral health treatment



www.trailstowellnes.org



FAST: First Approach Skills Training

<https://www.seattlechildrens.org/healthcare-professionals/community-providers/fast/>



<https://www.practicewise.com/>



Trauma-Focused CBT

<https://tfcbt.org/tf-cbt-workbook/>

<https://tfcbt.org/dealing-trauma-workbook-teens/>