

## Child Mental Health Assessment Resources

*Use the links below to identify evidence-based tools for behavioral health assessment*

 **S H O P E** School Health Assessment  
and Performance Evaluation System  
<https://shape.3cimpact.com/screeningAndAssessment>

 **ProjectTEACH**  
TRAINING AND EDUCATION FOR THE ADVANCEMENT OF CHILDREN'S HEALTH  
<https://projectteachny.org/child-rating-scales/>



### FAST Top Problems

<https://www.seattlechildrens.org/globalassets/documents/healthcare-professionals/pal/fast/fast-top-problems-tool.pdf>

### Screening for Sleep: The BEARS Screening Tool

[https://www.med.upenn.edu/cbti/assets/user-content/documents/BEARS\\_Sleep\\_Screening\\_Tool.pdf](https://www.med.upenn.edu/cbti/assets/user-content/documents/BEARS_Sleep_Screening_Tool.pdf)



SCHOOL  
AVOIDANCE  
ALLIANCE

### School Refusal Assessment Scale

<https://schoolavoidance.org/school-avoidance-101/>



THE COLUMBIA  
**LIGHTHOUSE**  
PROJECT  
IDENTIFY RISK. PREVENT SUICIDE.

### Columbia Suicide Risk Assessment Scale with Triage Points for School

<https://cssrs.columbia.edu/documents/c-ssrs-screener-triage-schools/>